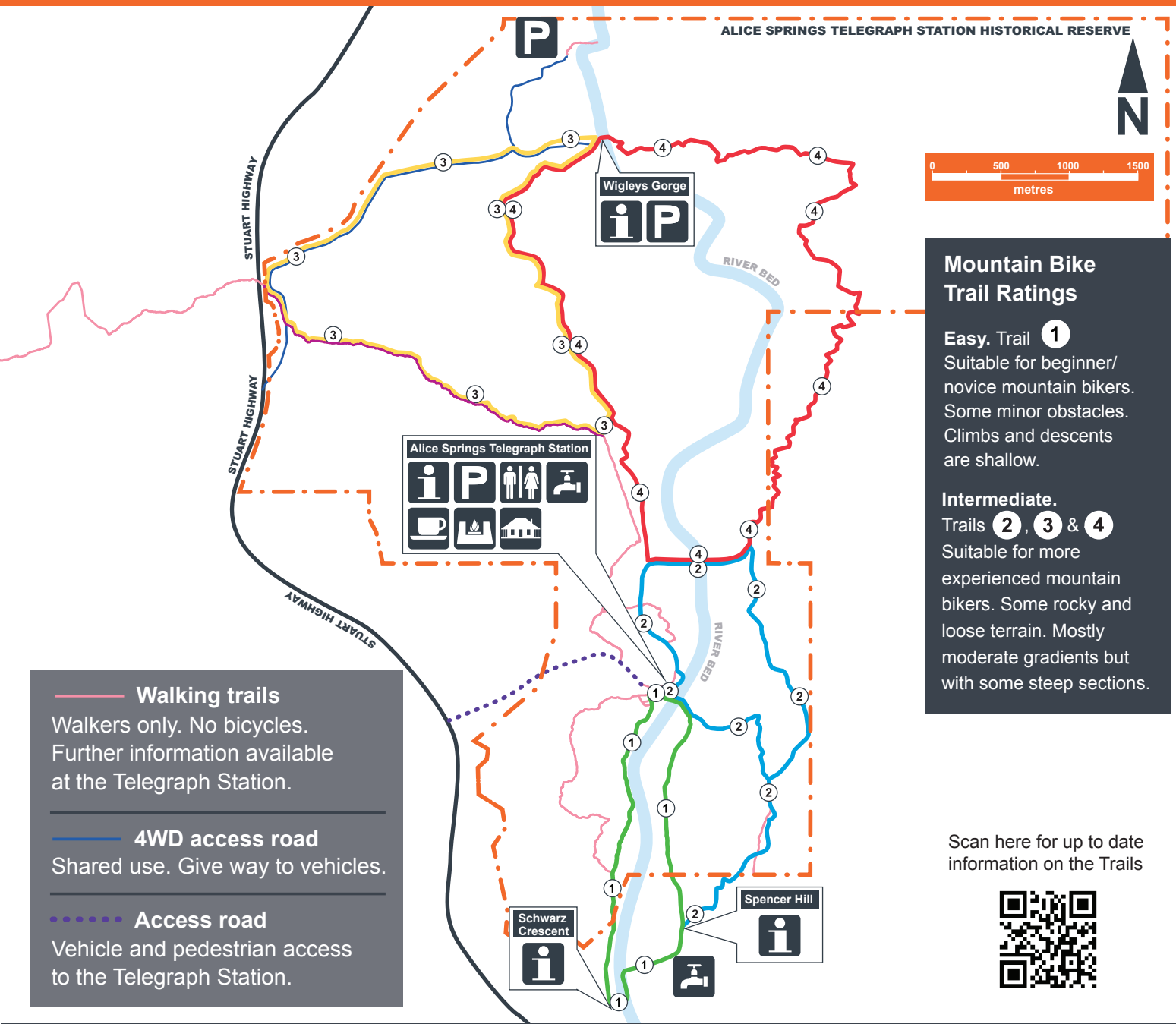


# Welcome to the Alice Springs Mountain Bike Trails



### Mountain Bike Trail Ratings

**Easy. Trail 1**  
Suitable for beginner/novice mountain bikers. Some minor obstacles. Climbs and descents are shallow.

**Intermediate.**  
Trails 2, 3 & 4  
Suitable for more experienced mountain bikers. Some rocky and loose terrain. Mostly moderate gradients but with some steep sections.

**Walking trails**  
Walkers only. No bicycles. Further information available at the Telegraph Station.

**4WD access road**  
Shared use. Give way to vehicles.

**Access road**  
Vehicle and pedestrian access to the Telegraph Station.

Scan here for up to date information on the Trails

TRAIL NAME	DISTANCE	LEVEL	TRAIL NOTES
<b>1</b> Ilentye	4.9 km	<b>1</b> Easy	Shared use with walkers. Gentle gradients and a great introduction to the trails.
<b>2</b> Arrwe	7.7 km	<b>2</b> Intermediate	Shared use with walkers. Includes some short technical sections. Distance includes return to/from Spencer Hill.
<b>3</b> Tyape	8 km	<b>3</b> Intermediate	Shared use with walkers. Some technically challenging terrain and 4WD roads.
<b>4</b> Apwelantye	10.3 km	<b>4</b> Intermediate	Shared use with walkers. Some great switchbacks and the steepest slopes on the trails.
<b>Larapinta Trail</b>	2.7 km		As part of the Tyape Trail, mountain bikers can ride this small section of the world-famous walk.