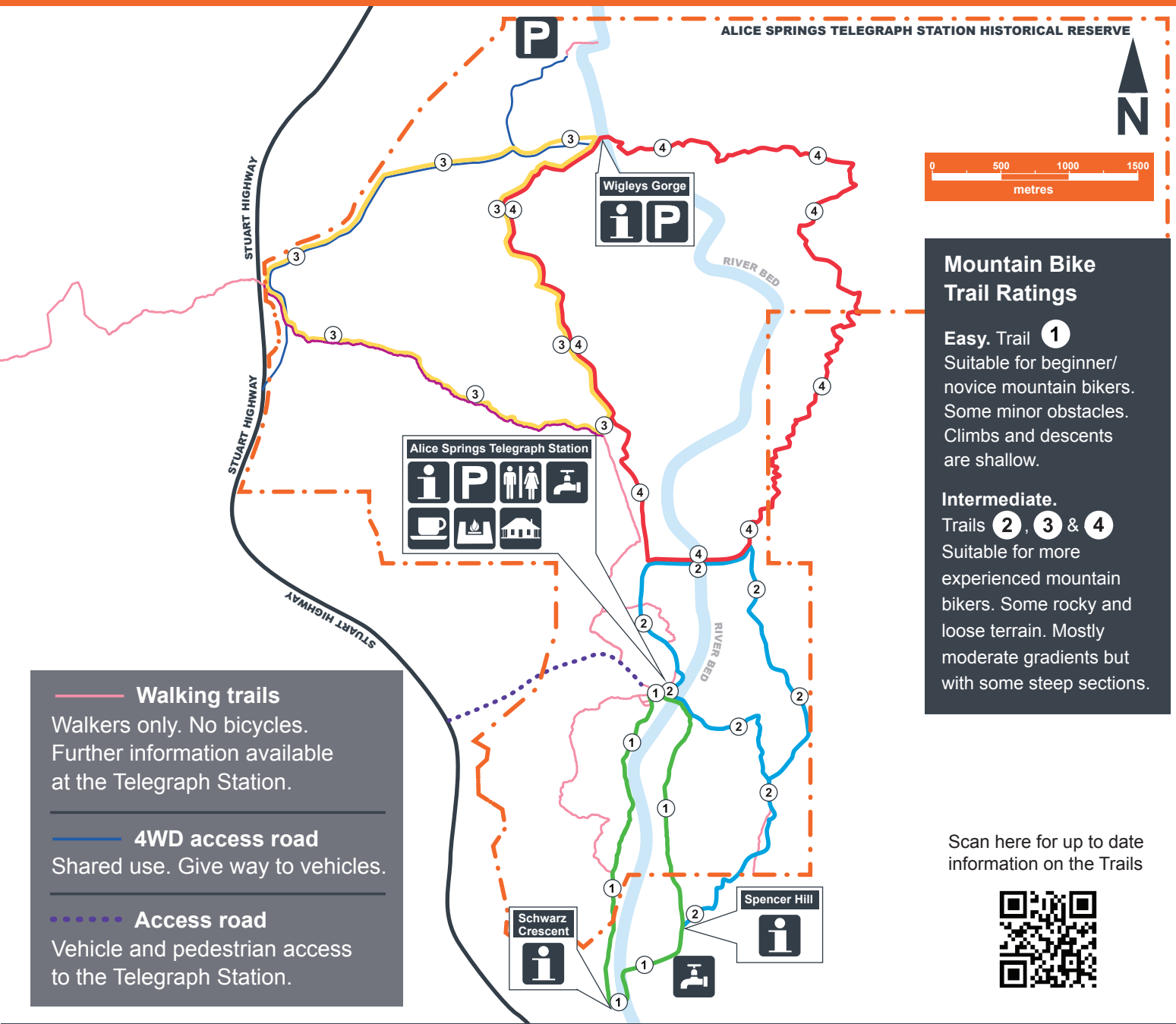


# Welcome to the Alice Springs Mountain Bike Trails



### Mountain Bike Trail Ratings

**Easy. Trail 1**  
Suitable for beginner/ novice mountain bikers. Some minor obstacles. Climbs and descents are shallow.

**Intermediate.**  
Trails 2, 3 & 4  
Suitable for more experienced mountain bikers. Some rocky and loose terrain. Mostly moderate gradients but with some steep sections.

**Walking trails**  
Walkers only. No bicycles. Further information available at the Telegraph Station.

**4WD access road**  
Shared use. Give way to vehicles.

**Access road**  
Vehicle and pedestrian access to the Telegraph Station.

Scan here for up to date information on the Trails

TRAIL NAME	DISTANCE	LEVEL	TRAIL NOTES
<b>1</b> Ilentye	4.9 km	<b>1</b> Easy	Shared use with walkers. Gentle gradients and a great introduction to the trails.
<b>2</b> Arrwe	7.7 km	<b>2</b> Intermediate	Shared use with walkers. Includes some short technical sections. Distance includes return to/from Spencer Hill.
<b>3</b> Tyape	8 km	<b>3</b> Intermediate	Shared use with walkers. Some technically challenging terrain and 4WD roads.
<b>4</b> Apwelantye	10.3 km	<b>4</b> Intermediate	Shared use with walkers. Some great switchbacks and the steepest slopes on the trails.
Larapinta Trail	2.7 km		As part of the Tyape Trail, mountain bikers can ride this small section of the world-famous walk.